

## YOUTH CIVIC ENGAGEMENT & RESILIENCE

## 4 FORMS OF CIVIC ENGAGEMENT:

Political civic engagement (engagement in political components & related leadership of communities);



## FACILITATION OF RESILIENCE RESOURCES

Political civic engagement can facilitate "voice" and inform allocation of relevant and accessible resources





Social civic engagement (engagement in acts of altruism, such as volunteering);



Social civic engagement facilitates spaces and places that foster a sense of belonging for youth in their communities. Political engagement ensures a voice in the allocation of such resources.





Economic civic engagement (engagement in labour for resource gain); and



Economic civic engagement reflects a desire on the part of youth to make a meaningful contribution to the support and wellbeing of their family. This contribution furthers individual resilience resources such as a sense of competency and self-esteem. Engaging youth politically and socially can ensure healthy options of economic engagement.





Moral civic engagement: ties in with social justice, establishing more socially engaging communities underpinned by political and economic engagement.



(engagement in acts that

further social justice)





Civic engagement benefits young people living in challenging contexts by:

·Giving them respite from their own problems;

•Reducing a sense of isolation, letting them know that they are not alone and thereby giving them comfort; and

·Establishing a sense of personal value, that they are able to contribute and make a difference.