



USING RELATIONAL PRACTICE TO SUPPORT YOUTH RESILIENCE: THE PARTH MODEL

FACILITATION OF RESILIENCE RESOURCES

PARTH is a set of practice orientations that support better outcomes for vulnerable young people, developed by Jackie Sanders and Robyn Munford at Massey University. PARTH guides engagement with young people on immediate issues and long-term goals, focusing on 'how' practitioners work with young clients using a youth-centred approach. This approach centres young people in intervention decision-making and builds on the resources and capacities they bring to the support relationship. In this way, it aligns with resilience theory (see Understanding and Supporting Youth Resilience), allowing practitioners to enhance the individual, relational and physical resilience resources youth have access to via collaborative relationships with youth clients.

